VEHICLE GUIDE - 2025

1DAY 1TEAM 82 MILES



NOTE: ALL LEGS SUBJECT TO CHANGE.

LEG	START	END	DIFFICULTY	MILEAGE
1	Maryland Heights Aquaport	Lakehouse 364	Medium	5.10
2	Lakehouse 364	364 Access	Medium	3.93
3	364 Access	Greens Bottom Road Trailhead	Easy	3.20
4	Greens Bottom Road Trailhead	MO Research Park / Busch Greenway	Difficult (distance)	7.24
5	MO Research Park / Busch Greenway	Lewis & Clark Trailhead	Difficult (single track trail)	4.72
6	Lewis & Clark Trailhead	Weldon Spring Trailhead	Difficult (single track trail)	5.89
7	Weldon Spring Trailhead	Weldon Spring Conservation Area (Lost Valley Hiking Trail)	Difficult (single track trail)	5.73
8	Weldon Spring Conservation Area (Lost Valley Hiking Trail)	Matson	Medium	4.43
9	Matson	Klondike Park	Easy	3.61
10	Klondike Park	Augusta	Easy	2.58
11	Augusta	Dutzow	Difficult (distance)	7.56
12	Dutzow	Marthasville	Medium	3.67
13	Marthasville	Treloar	Difficult (distance)	6.96
14	Treloar	Bernheimer Road	Medium	4.17
15	Bernheimer Road	Gore-Case Community Center	Difficult (distance)	6.14
16	Gore-Case Community Center	Case Road	Easy	2.69
17	Case Road	McKittrick	Medium	3.89
18	McKittrick	Hermann & Finish!!	Medium	3.15

KT82 Exchange Open and Close Times

FROM	то	Distance	Open	Close
Maryland Heights / Aquaport	Lakehouse Bar & Grill	5.1	5:15 AM	8:15 AM
Lakehouse Bar & Grill	364 Access	3.93	6:00 AM	8:40 AM
364 Access	Greensbottom Trailhead	3.2	6:15 AM	9:00 AM
Greensbottom Trailhead	MO Research Park	7.25	7:50 AM	10:00 AM
MO Research Park	Lewis & Clark TH	4.72	8:45 AM	11:00 AM
Lewis & Clark TH	Weldon Spring TH	5.89	9:50 AM	11:30 AM
Weldon Spring TH	Weldon Spring CA	5.73	10:40 AM	12:45 AM
Weldon Spring CA	Matson	4.43	11:15 AM	1:00 PM
Matson	Klondike	3.75	11:45 AM	1:20 PM
Klondike	Augusta	2.6	12:00 PM	2:00 PM
Augusta	Dutzow	7.56	1:00 PM	3:15 PM
Dutzow	Marthasville	3.67	1:30 PM	3:40 PM
Marthasville	Treloar	6.96	2:00 PM	5:00 PM
Treloar	Bernheimer Road	4.17	2:45 PM	5:45 PM
Bernheimer Road	Gore-Case Community Center	6.14	3:15 PM	6:50 PM
Gore-Case Community Center	Case Rd	2.69	3:30 PM	7:20 PM
Case Rd	McKittrick	3.84	4:00 PM	7:50 PM
McKittrick	Finish Line	2.55	4:30 PM	8:30 PM



GO! KT82 Trail Relay: Start Line Site Aquaport: Maryland Heights, MO June 7, 2025

LEG 1 DRIVING DIRECTIONS: MARYLAND HEIGHTS COMM CENTER TO LAKEHOUSE BAR & GRILL



earth maintaint y mar mar y la list i toghtar, nao staobha

- Take Charlemagne Dr to McKelvey Rd 26 s (466 ft)
- Turn right at the 1st cross street onto McKelvey Rd
 t min (0.6 mi)

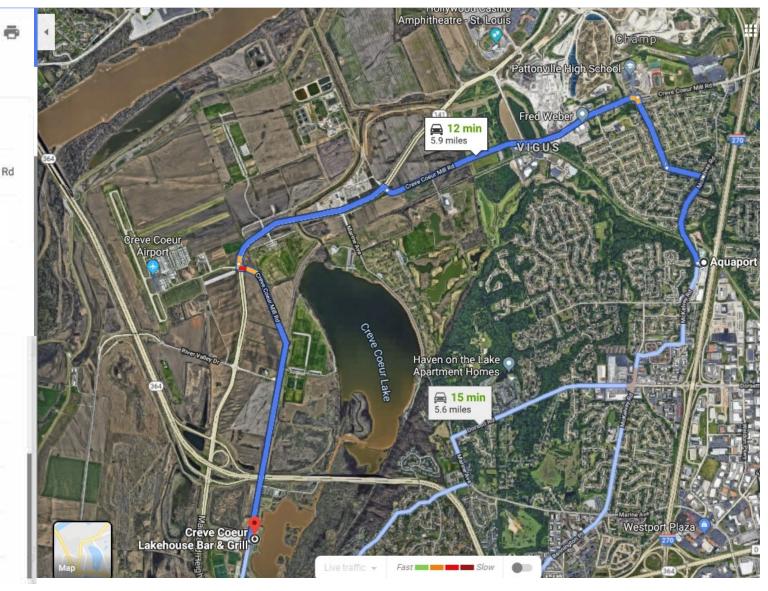
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<

- Turn left onto Glenridge Dr
 02mi
- Turn right onto Bennington PI
 Dismi
- 1 Turn left onto Creve Coeur Mill Rd 1.7 mi
- 1 Turn left onto Maryland Heights Expy
- Turn left onto Creve Coeur Mill Rd
- Drive to Lakehouse Bar & Grill

27 ± (184 ft)

- Turn left
 92 ft
- 1 Turn left



EXCHANGE 1, LAKEHOUSE BAR & GRILL



DRIVING DIRECTIONS, LEG 2. LAKEHOUSE BAR & GRILL to 364 ACCESS

Creve Coeur Airport

> Creve Coeu Lakehouse Bar & Gril

0

6.4 miles

Amphilineatre 951. Lo

Haven on the Lake Apartment Homes

Creve Coeur Park Picnic Site 1

via C	reve	(6.4 miles) 5 Coeur Mill Rd and MO-364 W ute, the usual traffic		Katy Trail, Page Bridge parking lot
- 225255	12000	beur Lakehouse Bar & Grill a Coeur Mill Rd, St. Louis, MO 63146		NED C
×.	Foli Exp	ow Creve Coeur Mill Rd to Maryland Heights y		Western Bree
	3.00	n (1.8 mi)	CANZER A	AND
	٦	Head south toward Creve Coeur Mill Rd	EM	
	1	Turn right toward Creve Coeur Mill Rd	23	
				STATES BERNA
	1	Turn right onto Creve Coeur Mill Rd		1 - Bro
~	Wt	ntinue on Maryland Heights Expy. Take MO-364 o Arena Pkwy/S River Rd in Frontier Township. e exit 14 from MO-364 W	1 Carlos	
Faste	SE TO	ute, the usual traffic	CI SELET	A STAN
	1	Turn left onto Maryland Heights Expy	(D) #A M	
		11m		
	٦	Turn right to merge onto MO-364 W toward St. Charles	Spel MA	
		2.5 mj	KA	
	1	Use the right lane to take exit 14 for Upper Btm Rd/Arena Pkwy	Мар	Live traffic
		mEQ	A A A A A A A A A A A A A A A A A A A	ALL OF AL

Continue on S River Rd to your destination

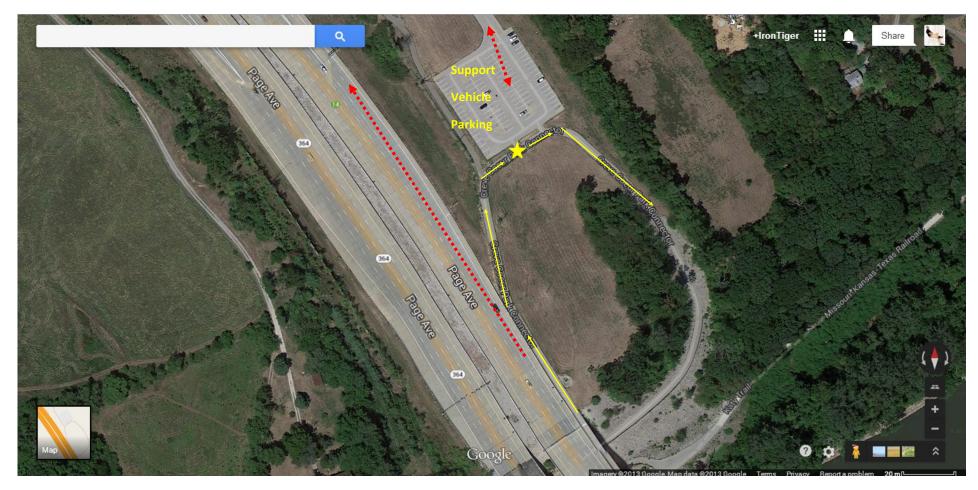
2 min (0.6 mi)

Turn right onto Arena Pkwy/S River Rd

0.4 mi

1 Turn right onto S River Rd

EXCHANGE 2, 364 ACCESS

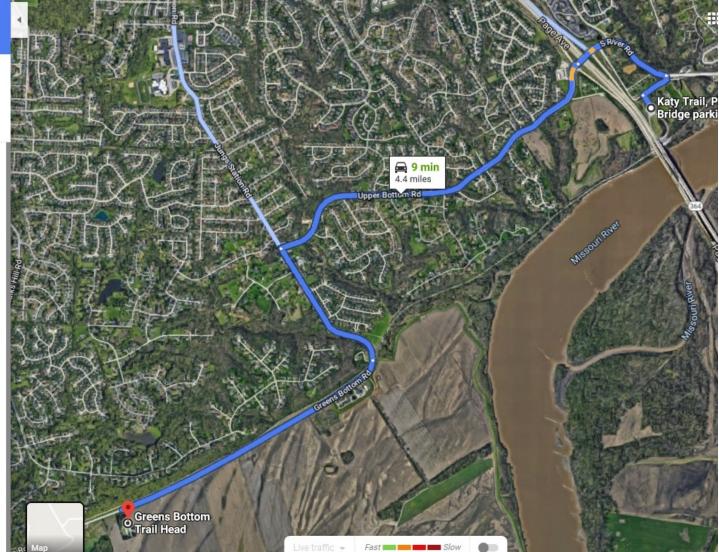


DRIVING DIRECTIONS, LEG 3. 364 ACCESS to GREENS BOTTOM ROAD TRAIL HEAD

via L	nin (4.4 miles) 🛃 < 🖶 Jpper Bottom Rd and Greens Bottom Rd est route, the usual traffic	
	y Trail, Page Bridge parking lot S River Rd, St Charles, MO 63303	
t	Head northwest toward Arena Pkwy/S River Rd	
	348 ft	YE
r+	Turn right onto Arena Pkwy/S River Rd	T
	 Continue to follow S River Rd 	All
	0.1 mi	
4	Turn left onto Arena Pkwy/S River Rd	
	0.5 mi	2
t	Continue onto Upper Bottom Rd	7
	1.7 mi	E O
4	Turn left onto Jungs Station Rd	
	0.7 mi	- Par
t	Continue onto Greens Bottom Rd	T
	1.3 mi	

Greens Bottom Rd, St Charles, MO 63303

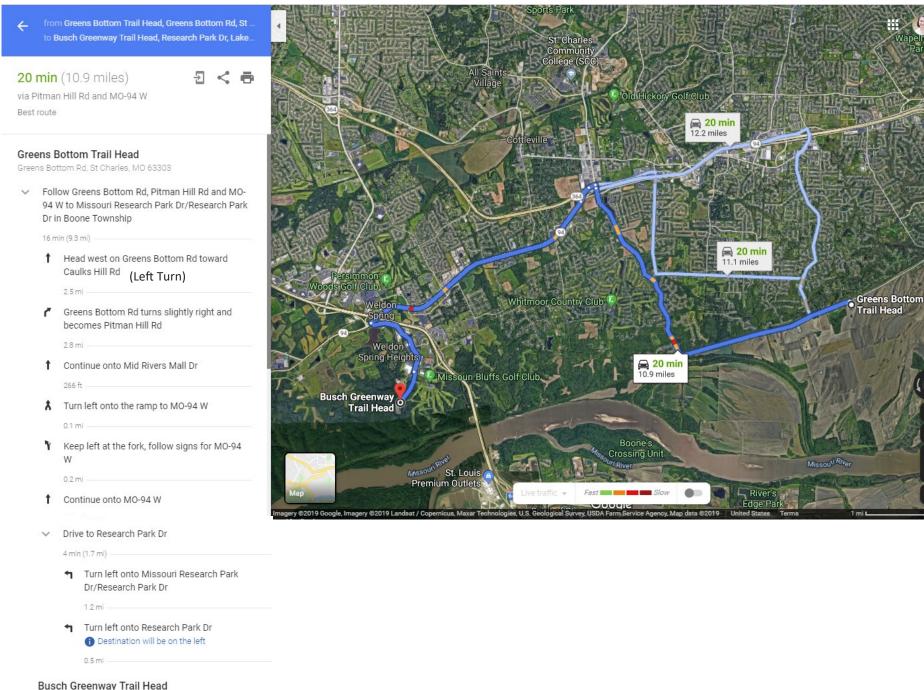
These directions are for planning purposes only. You may find that



EXCHANGE 3, GREENS BOTTOM ROAD



LEG 4, DRIVING DIRECTIONS. GREENS BOTTOM ROAD to MISSOURI RESEARCH PARK / BUSCH GREENWAY



Research Park Dr, Lake St Louis, MO 63367

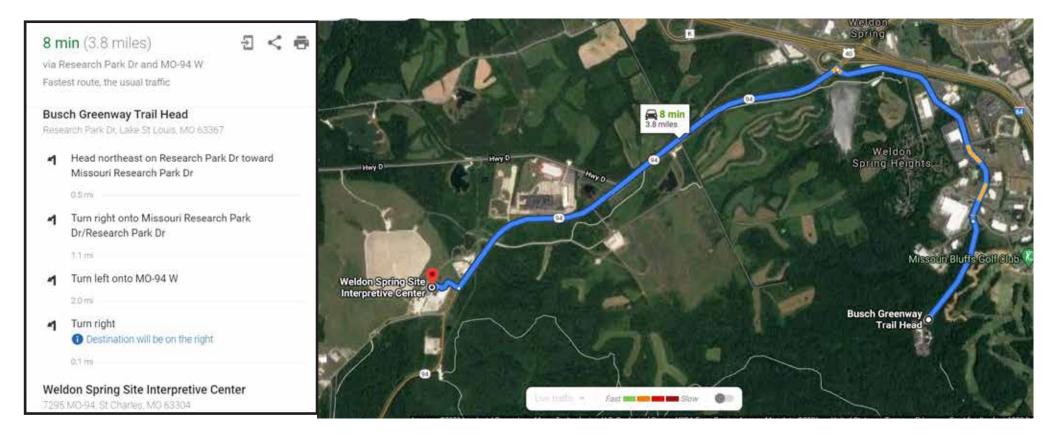
EXCHANGE 4, MISSOURI RESEARCH PARK / BUSCH GREENWAY



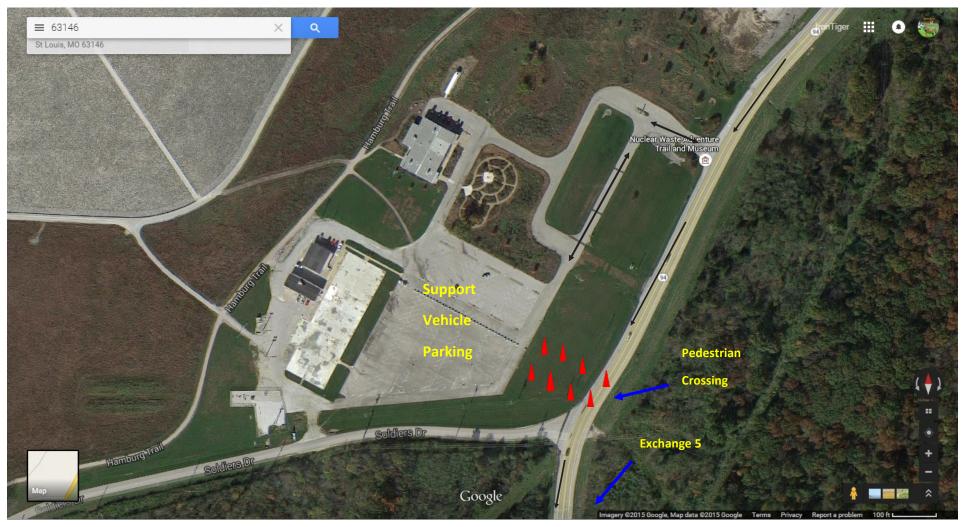
MEDICAL STATION 1

LEG 5, DRIVING DIRECTIONS. MISSOURI RESEARCH PARK / BUSCH GREENWAY to WELDON SPRING INTERPRETIVE CENTER

** Please note: WELDON SPRING INTERPRETIVE CENTER will serve as the parking location for the LEWIS & CLARK TRAIL HEAD exchange. NO PARKING at LEWIS & CLARK TRAIL HEAD.

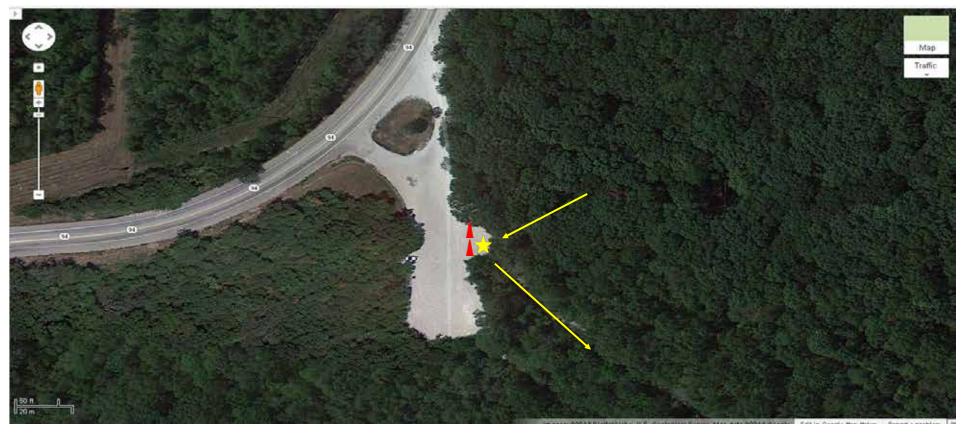


EXCHANGE 5 PARKING



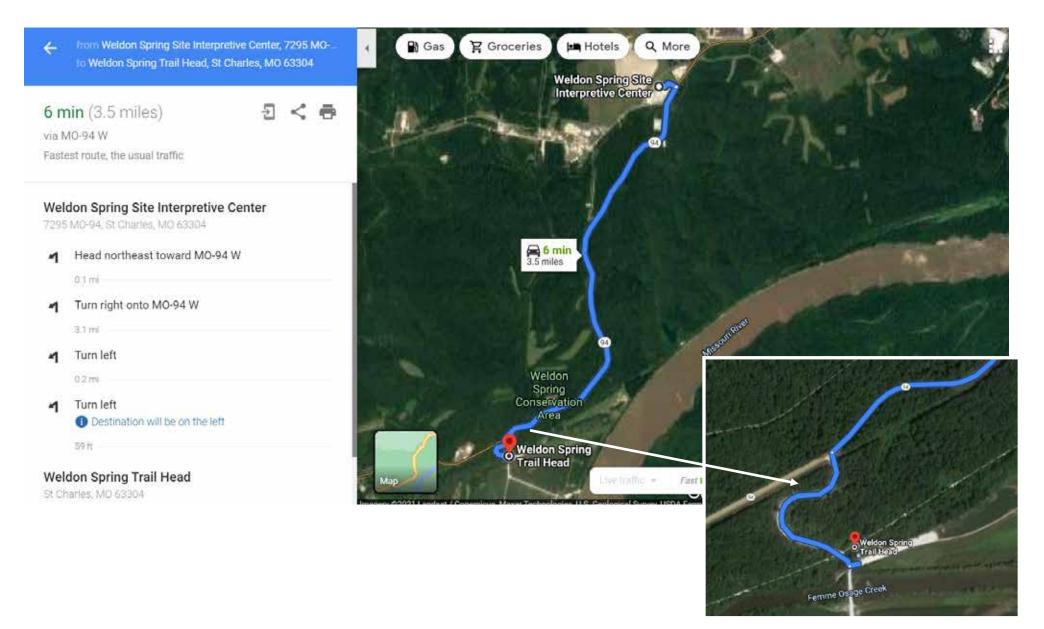
Park in Support Vehicle Parking area. Cross Highway 94 on foot and proceed to Exchange 5

EXCHANGE 5, WELDON SPRING CONSERVATION AREA / LEWIS & CLARK TRAIL HEAD

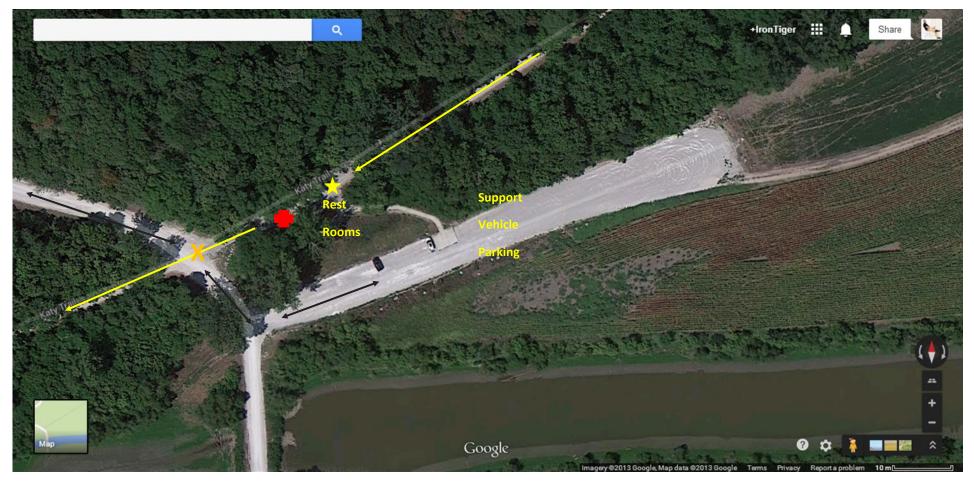


** Please note: WELDON SPRING INTERPRETIVE CENTER will serve as the parking location for the LEWIS & CLARK TRAIL HEAD exchange. NO PARKING at LEWIS & CLARK TRAIL HEAD.

LEG 6, DRIVING DIRECTIONS: WELDON SPRING INTERPRETIVE CENTER to WELDON SPRING TRAIL HEAD



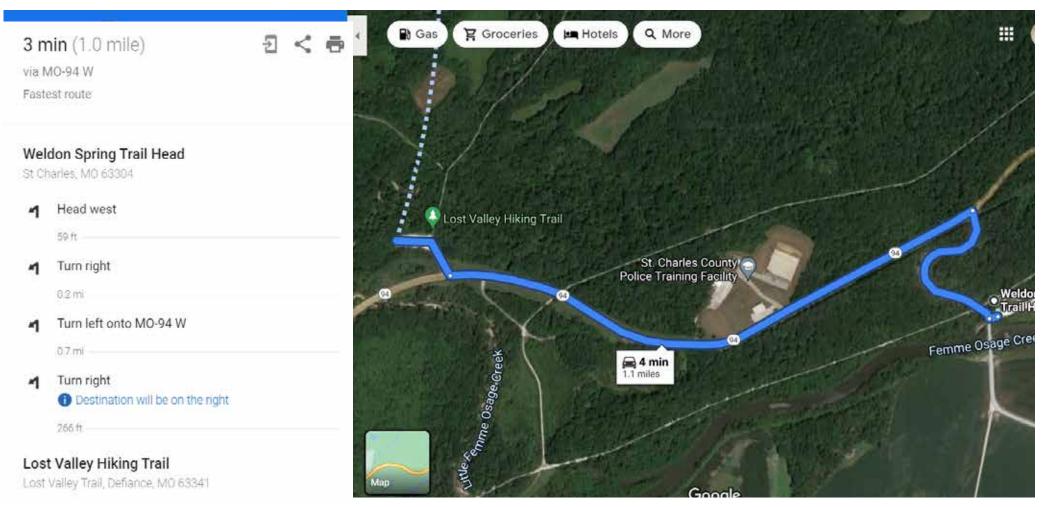
EXCHANGE 6, WELDON SPRING TRAIL HEAD



MEDICAL STATION 2

LEG 7, DRIVING DIRECTIONS: WELDON SPRING TRAIL HEAD TO WELDON SPRING CONSERVATION AREA

(Lost Valley Hiking Trail)



EXCHANGE 7, WELDON SPRING CONSERVATION AREA (LOST VALLEY HIKING TRAIL)



EXCHANGE RULES = Support Vehicles approach exchange via Westbound Highway 94

Use Great Caution as Runners are running close to cones and also crossing Highway 94 Support Vehicles exit with right turn on to Westbound Highway 94

LEG 8, DRIVING DIRECTIONS. WELDON SPRING CONSERVATION AREA to MATSON

from Lost Valley Trail, Defiance, MO 63341
 to Bike Katy trailhead Matson MO, Lucille Ave, Defianc...

8 min (4.8 miles)

Ð < 🖶

via MO-94 W Fastest route, the usual traffic

Lost Valley Trail

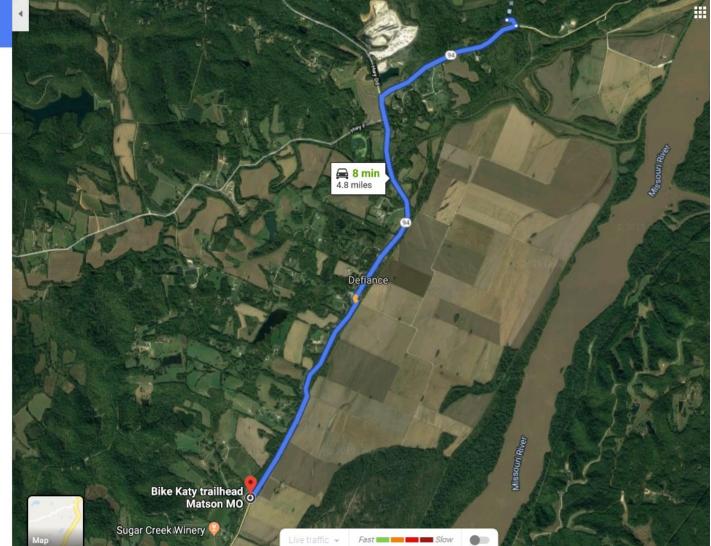
Defiance, MO 63341

t	Head east toward MO-94 W		
	0.1 mi		
r+	Turn right onto MO-94 W		
	4.7 mi		
r+	Turn right onto Matson Hill Road		
	112 ft		
r+	Turn right		
	Destination will be on the right		
	66 ft		

Bike Katy trailhead Matson MO

Lucille Ave, Defiance, MO 63341

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

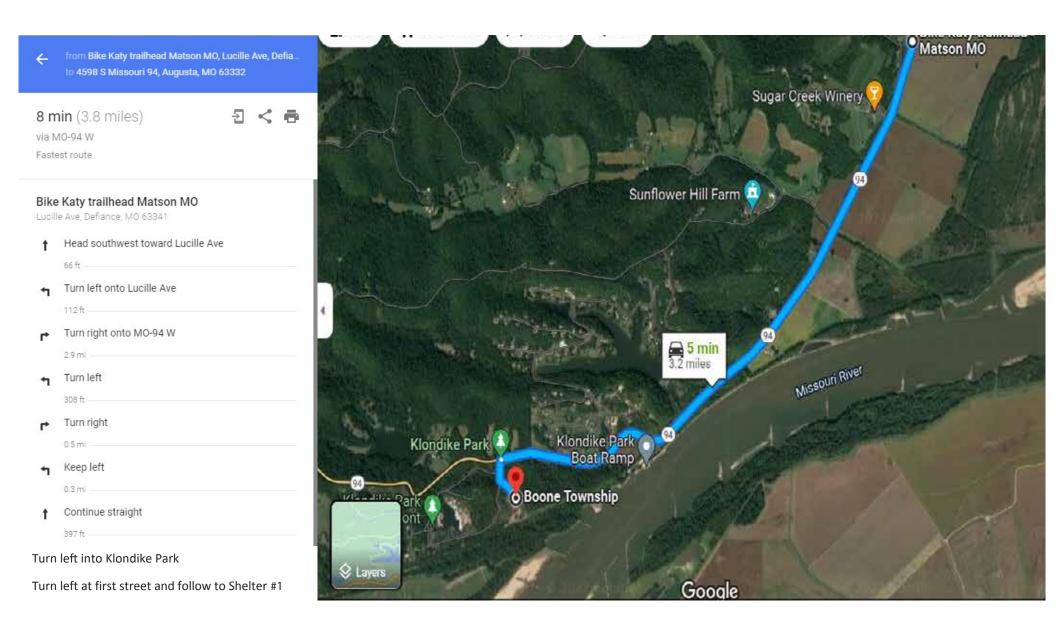


EXCHANGE 8, MATSON

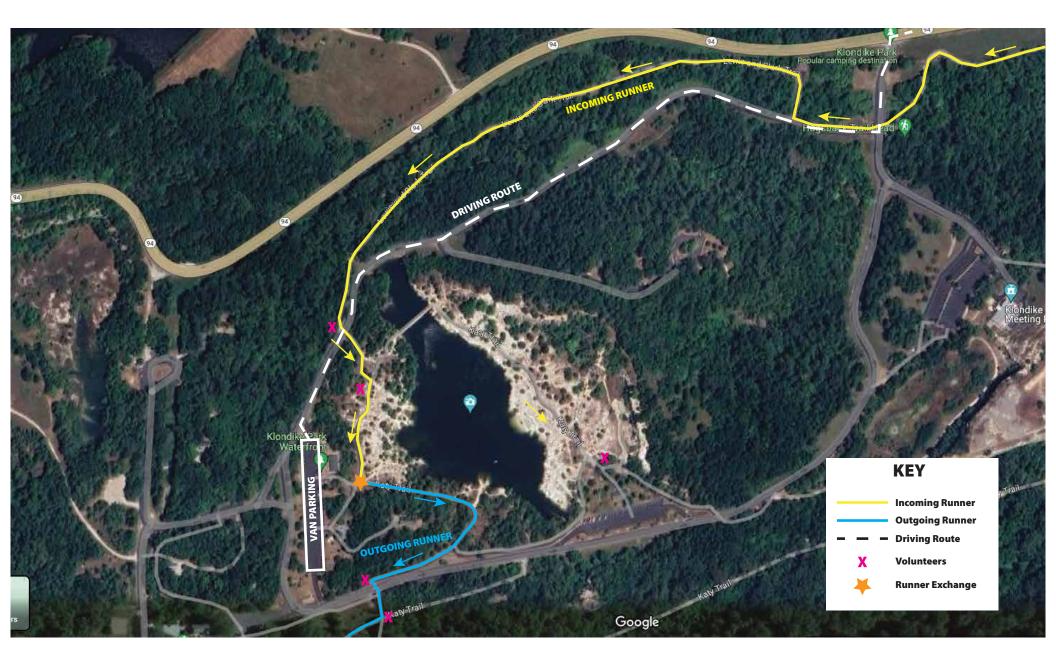


EXCHANGE RULES = Support Vehicles approach via Westbound Highway 94 and a Right turn on Matson Hill Road Support Vehicles must exit parking with a Right on Matson Hill Road to Exchange 9

LEG 9, DRIVING DIRECTIONS - MATSON to KLONDIKE PARK



EXCHANGE 9, KLONDIKE



LEG 10, DRIVING DIRECTIONS: KLONDIKE PARK to AUGUSTA

from Klondike Park, 4600 S Missouri 94, Augusta, MO . to Augusta Trail Head, Katy Trail, Augusta, MO 63332

8 min (3.6 miles) via MO-94 W Fastest route 9 < 6

Klondike Park

4600 S Missouri 94, Augusta, MO 63332

- Head west on MO-94 W toward Montelle Dr 2.6 mi
- Turn left onto Church Rd
- Turn right onto Hackmann Rd
 0.2 mi
- Continue onto Lower St
 0.2 mi
- ➡ Turn right onto Main St

0.1 mi

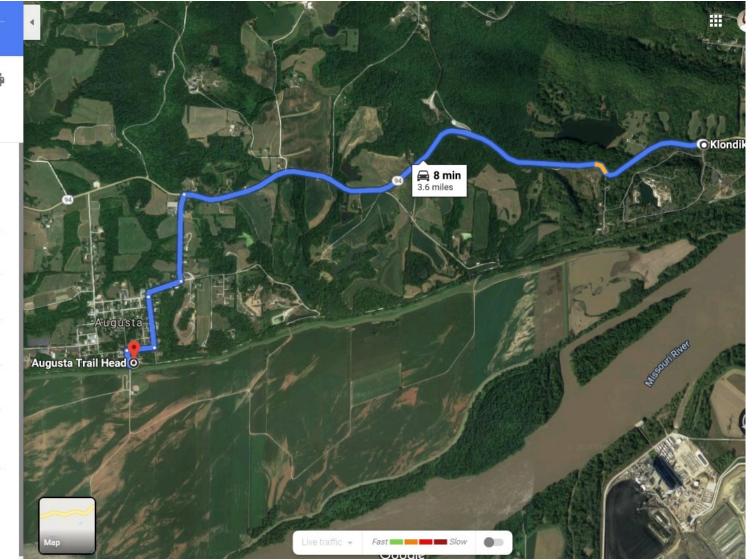
Turn left onto Public St
 Destination will be on the left

361 ft -

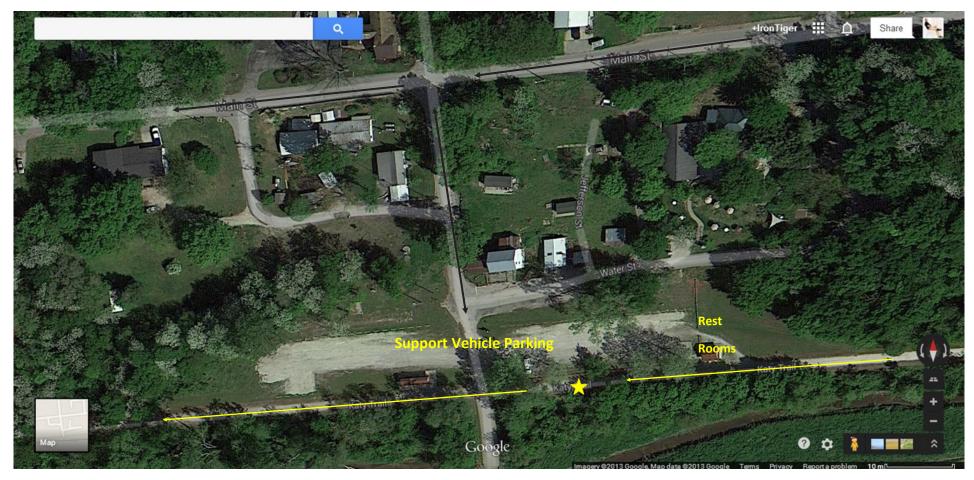
Augusta Trail Head

Katy Trail, Augusta, MO 63332

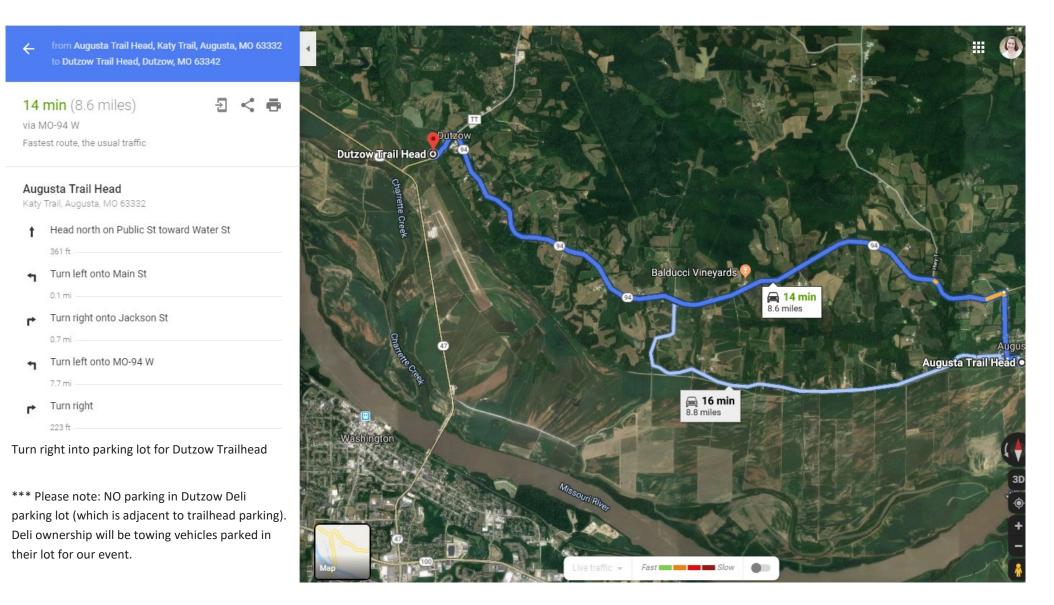
These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause



EXCHANGE 10, AUGUSTA



LEG 11, DRIVING DIRECTIONS: AUGUSTA to DUTZOW



EXCHANGE 11, DUTZOW

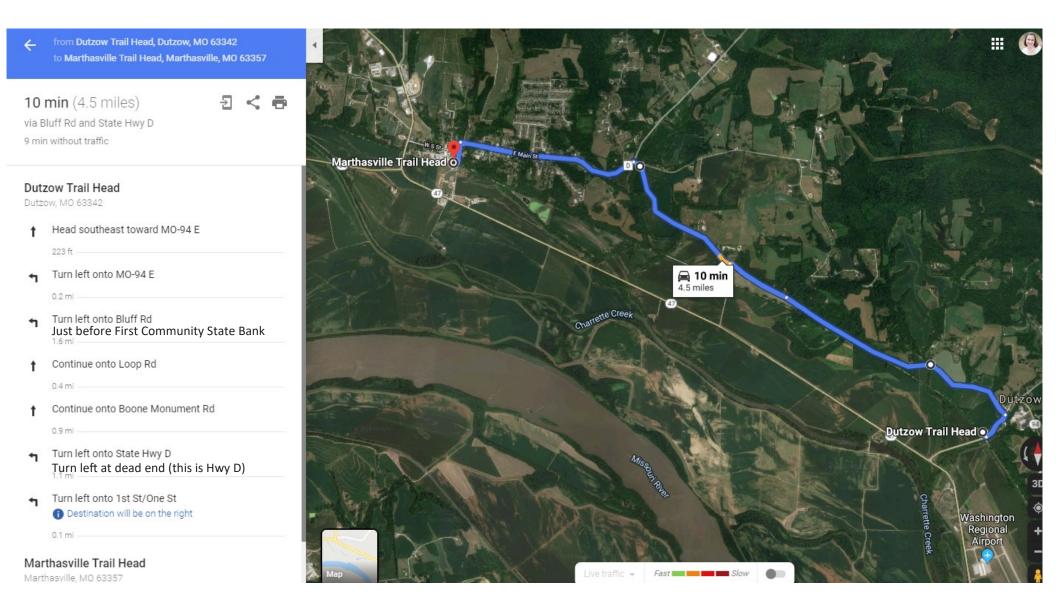


EXCHANGE RULES = Support Vehicles approach via Westbound 94

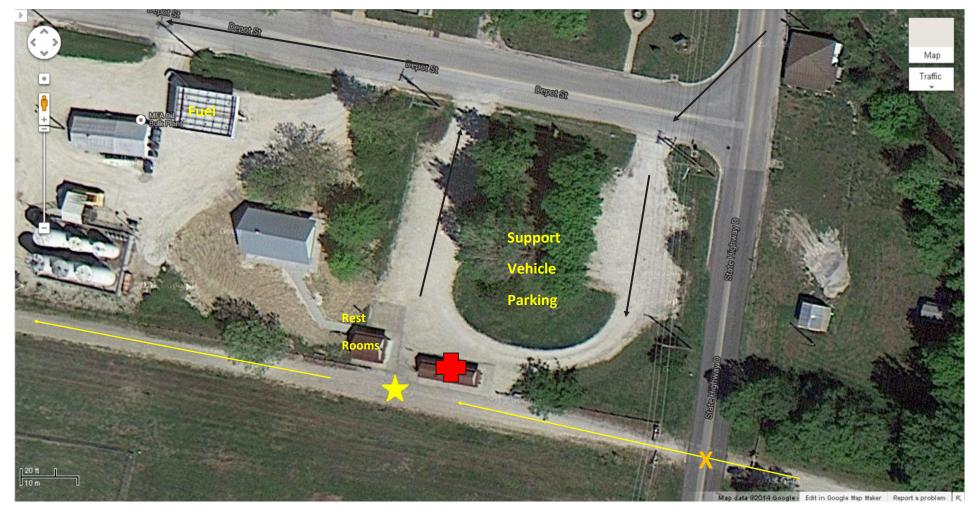
Support Vehicles Exit via Eastbound 94

Please note that there is NO PARKING in the Dutzow Deli parking lot.

LEG 12, DRIVING DIRECTIONS: DUTZOW to MARTHASVILLE



EXCHANGE 12, MARTHASVILLE



MEDICAL STATION 3

EXCHANGE RULES = Support Vehicles Approach via Southbound Highway D

Support Vehicles Exit via a Left on to Depot Street

FUEL = Fuel is available adjacent to Exchange 12 or on Highway 19 North of Marthasville

LEG 13, DRIVING DIRECTIONS: MARTHASVILLE to TRELOAR

from Marthasville Trail Head, Marthasville, MO 63357 to Treloar Trail Head, Katy Trail, Marthasville, MO 63357

10 min (8.3 miles)

9 < e

via MO-94 W Fastest route, the usual traffic

Marthasville Trail Head

Marthasville, MO 63357

- Head south on 1st St/One St toward Katy Trail 0.2 mi
- Turn right onto MO-94 W/State Hwy 47 N 0.4 mi

Turn left onto MO-94 W

7.6 mi

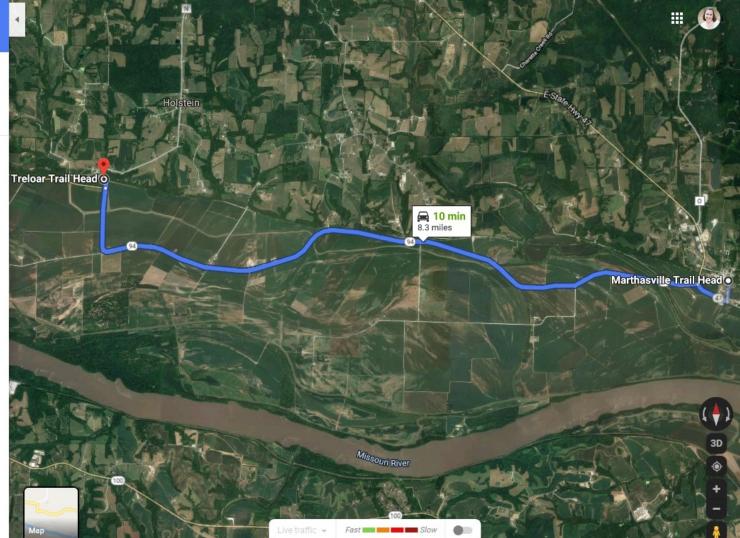
↑ Continue straight onto Koch Creek Rd

482 ft

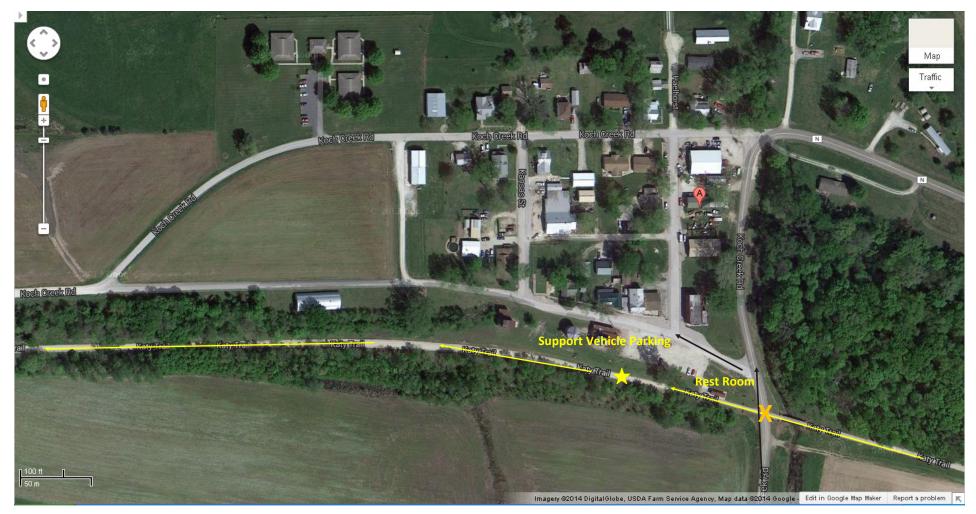
Turn left into trail head parking lot. Treloar Trail Head

Katy Trail, Marthasville, MO 63357

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.



EXCHANGE 13, TRELOAR



EXCHANGE RULES = Support Vehicles approach via Koch Creek Road

LEG 14, DRIVING DIRECTIONS: TRELOAR to BERNHEIMER ROAD

 from Treloar Trail Head, Katy Trail, Marthasville, MO 6... to 18004 Bernheimer Rd, Marthasville, MO 63357

7 min (4.2 miles) via M0-94 W Fastest route

9 < 8

Treloar Trail Head

Katy Trail, Marthasville, MO 63357

- Head south on Koch Creek Rd toward MO-94 W 482 ft
- ➡ Turn right onto MO-94 W

3.2 mi -----

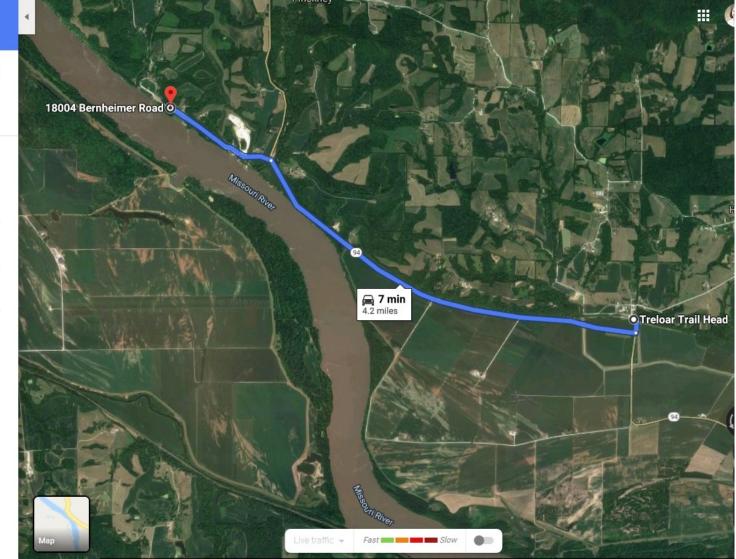
🕤 Turn left onto Bernheimer Rd

0.9 mi ---

18004 Bernheimer Rd

Marthasville, MO 63357

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.



EXCHANGE 14, BERNHEIMER ROAD



LEG 15, DRIVING DIRECTIONS - BERNHEIMER ROAD to GORE CASE COMMUNITY CENTER

from Bernheimer Rd, Marthasville, MO 63357 to 30001 MO-94, Hermann, MO 65041

15 min (7.3 miles) via Bernheimer Rd and MO-94 W Fastest route

Bernheimer Rd

Marthasville, MO 63357

- Head northeast on Bernheimer Rd 348 ft
- Turn left to stay on Bernheimer Rd
- Turn right to stay on Bernheimer Rd 151 ft
- ↑ Turn left onto MO-94 W

5.1 mi -----

← Turn left onto Gore Rd

194 ft

Turn left into Gore Case Community Center 30001 MO-94

Hermann, MO 65041

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.



EXCHANGE 15 - GORE CASE COMMUNITY CENTER



LEG 16, DRIVING DIRECTIONS: GORE CASE COMMUNITY CENTER to CASE ROAD

from 30001 MO-94, Hermann, MO 65041 4 to 31953 Case Rd, Hermann, MO 65041

4 min (2.6 miles) via MO-94 W

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Fastest route, the usual traffic

30001 MO-94

Hermann, MO 65041

Head northwest on MO-94 W toward Gore Rd t.

2.5 mi ---

Turn right onto Case Rd **P**

305 ft

31953 Case Rd

Hermann, MO 65041

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.



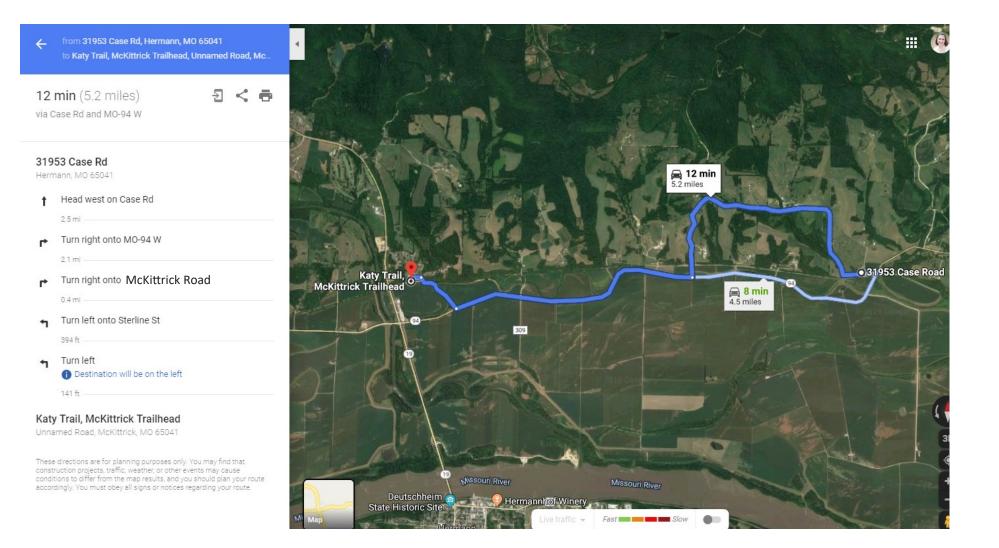
EXCHANGE 16, CASE ROAD



EXCHANGE RULES = Support Vehicles approach via Highway 94 Westbound and turn on to Case Road

To exit , Support Vehicles continue Westbound on Case Road toward Exchange 17

LEG 17, DRIVING DIRECTIONS: CASE ROAD to McKITTRICK



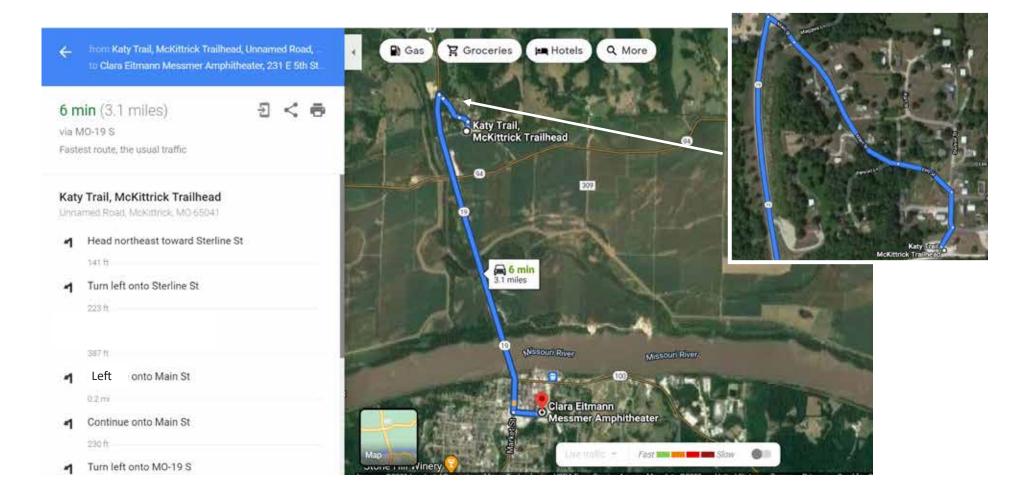
EXCHANGE 17, McKITTRICK



EXCHANGE RULES = Support Vehicles approach via Sterline Street

CAUTION — Trail Crossing/Slow down for runners!

Support Vehicles MUST exit via Left turn out of Trail Head on to Sterline Street



	2.5mi	- As you drive into dow
-1	Turn left onto E 5th St	river), turn left onto 3r
	O Destination will be on the left.	- From any of those str
	0.2 mi	map insert on right) to
Cla	ra Eitmann Messmer Amphitheater	
	E Sth St. Harmann, MO 65041	- Join your final runner

Team Parking & Finish:

wntown Hermann (after crossing the 3rd, 4th or 5th Street for parking.

treets, walk to Gutenberg Street (see to wait for your final runner.

er as they pass on Gutenberg Street to finish as a team!