



Volunteer Rewards Program

You, the volunteers of GO! St. Louis, are our greatest ambassadors and an integral part of what allows GO! St. Louis to put on successful events! As a thank you for your dedication to GO! St. Louis, our Volunteer Rewards Program will allow volunteers to ‘cash in’ volunteer hours for GO! St. Louis race discounts and official merchandise.

Here’s how it works:

Every hour that you work (attendance will be noted) counts as one MILE. When you are ready to use your accumulated miles, simply fill out the form and return to GO! St. Louis to either be registered for an upcoming event, or have a piece of merchandise mailed to you.

What you can get:

Your time is now worth money! Check out our MILEAGE CHART to see how many miles you need to get free race entries for the different events!

Not a runner or walker? You can also redeem your miles for GO! St. Louis apparel – when you send in your form, we’ll call you to help pick the style/color that we have available in our merchandise from past events.

Checking on your mileage:

After each GO! St. Louis event, we will post an updated spreadsheet with total mileage for each volunteer, which will be available on our website, under the Volunteers section. If you redeem miles, the updated total will be reflected only after a new spreadsheet is published to the site.

We are so excited to offer this opportunity to our dedicated volunteers.

Thanks for all you do to make GO! St. Louis a success!

More than 2,500 volunteers donated 8,700 hours to help us in present a safe and fun event for 25,000 participants in 2012. We couldn't have done it without you!

Thank you!



Mileage Chart: Race Registration

Event	Miles Needed
GO! St. Louis Halloween 10K	15
GO! St. Louis Halloween 5K	12
GO! St. Louis Halloween Fun Run	10
GO! St. Louis Halloween Half Marathon	20
GO! St. Louis 5K (April)	12
GO! St. Louis Marathon	30
GO! St. Louis 7K	15
GO! St. Louis Half Marathon	20
GO! St. Louis All-American 5K	12
GO! St. Louis All-American Fun Run	10

Mileage Chart: Merchandise

Merchandise	Miles Needed
Long sleeve tech shirt	8
Short sleeve tech shirt	6
Running hat	6

Guidelines

- Your balance of miles never expires, so only redeemed miles will be subtracted from your balance.
- Once you are registered for an event, you must adhere to the same race regulations as any registered participant.
- You may only register for races that have available space (not sold out) with your earned miles.
- We cannot accept partial payment (i.e. miles plus the remainder in cash) to use your miles to register for an event. Please make sure you have the appropriate number of miles before submitting a form.
- Once miles are redeemed, they cannot be refunded, as with our usual registration policies.
- Race entries purchased with miles cannot be transferred to another person, or switched to a different event once you have registered.